



## Age-Appropriate Chores

### Preschoolers can . . .

- Make a bed with a comforter
- Fold towels and washcloths
- Put away clothes in drawers
- Hang clothes on hooks
- Put dirty clothes in hampers or laundry baskets
- Help feed animals
- Pick up toys
- Wipe off baseboards, windowsills, and wooden shutters, using an old pair of socks on their hands
- Empty light wastebaskets
- Wipe off the front of large appliances using a spray bottle of water and sponge
- Help wipe spills
- Dry unbreakable dishes
- Sweep with a child-size broom
- Bring in the newspaper
- Pick up litter in the yard

### Kindergarteners can . . .

- Vacuum small areas with a lightweight, hand-held vacuum
- Sweep porch or other small areas with a dustpan and broom
- Clean bathroom sinks
- Hang up towel after their bath
- Store bath toys
- Help in kitchen—stirring, tearing lettuce, and putting refrigerated rolls on pans
- Set table with napkins and silverware
- Clear dishes from the table
- Help load the dishwasher
- Straighten plastic dishes in a lower cabinet
- Straighten pots and pans
- Sort family members' clean laundry
- Put away their own laundry
- Help rake yard and pull weeds
- Dust furniture
- Straighten plastic dishes in a lower cabinet
- Shine windows that you've washed with a clean blackboard eraser
- Strip linens from beds
- Straighten books on a bookshelf
- Put game and puzzle pieces in correct storage containers
- Brush upholstered furniture with lint brush to remove pet hair
- Be responsible for having a tidy room

### Younger elementary kids can . . .

- Make bed
- Take out garbage
- Sweep stairs and walks
- Clean out car
- Vacuum their own room
- Sort and straighten toys

- Fold and put away laundry
- Empty dishwasher
- Feed and care for pets
- Set and clean the table (if using plastic dishes and nonbreakable drinking cups)
- Sort clothes for washing
- Help with yard work
- Clean off outdoor furniture
- Wash outside toys and equipment
- Help wash the car
- Older elementary kids can . . .
- Clean bathroom mirrors
- Vacuum
- Clean toilets
- Clean countertops and kitchen sink
- Mop small—area floors
- Use washer and dryer
- Wash, dry, put away dishes
- Fold laundry and put it away
- Pull weeds
- Rake leaves
- Shovel snow
- Clean pet areas
- Take out trash
- Clean cobwebs and dust in high places with a cobweb pole. (To make one, put one thick cotton sock inside another and slip them over the end of a yardstick, securing with a rubber band.)
- Help straighten garage
- Sweep garage

### Teenagers can . . .

- Wash windows
- Mend clothes
- Mow yard
- Wash car
- Change linens
- Do their own laundry
- Iron
- Clean bathtub/shower stall
- Polish furniture, dust lampshades
- Empty vacuum cleaner bag
- Straighten and organize linens
- Clean tiles and toilet with disinfectant
- Clean out refrigerator
- Defrost freezer
- Clean stove and oven
- Polish silverware
- Clean out and organize attic, basement, garage
- Mow lawn and trim yard
- Clean light fixtures
- Change light bulbs
- Wax car

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